



SÖRMLAND BIKE AND HIKE HOLIDAY

Stockholm and Trosa, palaces and mansions, sea and lakes.

Discover Stockholm and Sörmland by bike and on foot and explore varied landscapes, always accompanied by one of the countless lakes or the sea. Learn about Swedish history from the Viking Age to the present day and discover royal castles like Drottningholm or Tullgarn Castle as well as picturesque small towns like Trosa, known from Inga Lindström movies.



7 Days / 6 Nights



self guided

To the online version



ITINERARY

DAY
1

Individual arrival to Stockholm

Take a first stroll through Sweden's capital and explore some of the many sights and tourist attractions.

DAY
2

Stockholm - Södertälje | ca. 60 km

Along Lake Mälaren, Sweden's third largest lake you cycle to UNESCO world cultural heritage Drottningholm Palace. Here, on the shore of the lake, the royal family grew up. Take your time to explore the beautiful palace as well as the Chinese Pavilion dating from the 18th century. You continue by a short ferry trip towards Södertälje. The small town and home of Scania is connected to the Baltic Sea through a lock in the Södertälje canal.

DAY
3

Södertälje - Trosa | ca. 45 km

Today's tour takes you right into the amazing scenery of Sörmland. At this spot countless rivers and lakes were formed due to vast tectonic movements. Nevertheless the altitude is never higher than 100m. Once you have mastered the hills you get rewarded with stunning views and a long descent. Your destination for the day is the idyllic Baltic Sea town of Trosa, which is also used as the setting for many "Inga Lindström" movies. Finish your day with a stroll through the picturesque village and enjoy the small alleys, red houses and wonderful views on the water.

DAY
4

Trosa - Gisekvarn by bus, Gisekvarn - Trosa

You start with a bus ride to Gisekvarn (not included), followed by a 3 km long walk through beautiful forest with mossy cliffs. Look forward to stunning views over the Baltic Sea. Afterwards a bit more hilly section is awaiting you, again with amazing views into the valley. Highlight of the day is 18th century Tureholm palace, and another 1,5 km further you should have a well-deserved coffee break at Tarte Tatin Café. Two kilometres later you have reached Trosa again, welcome back!



ca. 4-5 h



17 km



110 m



155 m

DAY
5**Trosa - Tullgarn palace by transfer, Tullgarn palace - Trosa**

After breakfast a transfer brings you to palace Tullgarn, where king Gustaf V. and queen Victoria used to spend their summers in the beginning of the 20th century. Spend some time in the beautiful palace garden, feel the fresh breeze from the Sea and enjoy a typical, Swedish coffee break before you walk back to Trosa.



ca. 5-6 h



20 km



100 m



100 m

DAY
6**Trosa - Tumba, Tumba - Stockholm by train** | ca. 55 km

Northward bound and a short ferry trip later you return by bike to one of Stockholm's many islands. The last part is covered by a commuter train to Stockholm. Enjoy your last overnight in the capital with a typical Swedish dinner in one of the numerous restaurants.

DAY
7**Individual departure or additional nights**

After breakfast your bike tour ends. We are happy to extend your holiday with extra nights.



Tour character

You cycle and walk mostly on bike paths and gravel roads as well as forest tracks and side roads with less traffic through typical Swedish nature. To some extent simpler trail conditions with raw gravel are awaiting you. Flat to slightly hilly tour course.

PRICES AND EVENTS

PLACE OF ARRIVAL: STOCKHOLM

	Season 1 26.05.2024 - 01.06.2024 01.09.2024 Sunday	Season 2 02.06.2024 - 15.06.2024 18.08.2024 - 31.08.2024 Sunday	Season 3 16.06.2024 - 17.08.2024 Sunday
Sörmland bike and hike holiday, 7 days, SE-STASS-07X			
Base price	11 499	11 999	12 499
Single room supplement	4 799	4 799	4 799

ADDITIONAL NIGHTS

PLACE OF ARRIVAL: STOCKHOLM

	Season 1 May 26, 2024 - Jun 1, 2024 Sep 1, 2024 Sunday	Season 2 Jun 2, 2024 - Jun 15, 2024 Aug 18, 2024 - Aug 31, 2024 Sunday	Season 3 Jun 16, 2024 - Aug 17, 2024 Sunday
Stockholm			
Extra night in double room/breakfast	999	999	999
Extra night in single room/breakfast	1 699	1 699	1 699

Our rental bikes

Filter

24-gear touring bike	1 199
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Electric bike

3 099

Prices per person in SEK

SERVICES AND EXTRAS

Services included

Services included:

- Overnights in chosen 4****- hotels
- Breakfast
- Luggage transportation from hotel to hotel
- all ferries
- 1x transfer Trosa - Tullgarn palace (day 5)
- 1x hiking snack (day 5)
- Well elaborated route
- Detailed travel documents: Route maps, route description, tourist attractions and sights, important telephone numbers (1x per booked room)
- Navigation-App and GPS files
- Service-Hotline

Optional:

- Rental bike
- Bus ride Trosa-Gisekvarn (day 4)

Not included:

- Travel insurance
- All services not mentioned under services included

Sustainability at Active Scandinavia:

- Contribute together with us to even more sustainability and decide for our digital route book and thus against the printed version. As a small thank you, you will receive a discount of SEK 250 per room.

More information

Arrival / Parking:

- **By flight:** Airport Arlanda, by [Arlanda Express](#) (fast train) or [Flygbuss](#) (airport bus) to the main train station of Stockholm (duration ca. 30-45 minutes). Continue by Tunnelbana (subway), more information: www.sl.se.
- **By train:** Stockholm main train station.
- **By car:** Hotel garage from 310 SEK (ca. 30 Euro) per day, reservation not possible, payable on spot.